

EMERGENCY OPERATIONS CENTRE (EOC)



REGIONAL DISTRICT OF OKANAGAN-SIMILKAMEEN

INFORMATION RELEASE

EOC Update: Prepare for hot weather and check on family and neighbours

The Regional District of Okanagan-Similkameen (RDOS) is encouraging residents to take precautions as hot weather is expected across the region this week (beginning Tuesday, July 21, 2026).

Environment Canada has issued a **Heat Warning** for the South Okanagan, with daytime temperatures forecast between **34°C and 37°C** and overnight temperatures remaining between **16°C and 20°C**.

Cooling locations available throughout the South Okanagan

As part of the RDOS Extreme Heat Response Plan, residents are encouraged to visit air-conditioned public facilities, including local libraries and community centres, to help stay cool during periods of extreme heat.

Confirmed Okanagan Regional Library cooling locations - July 21, 2026, to July 23, 2026

Cooling location and address	Hours of cooling location
Kaleden Library 101 Linden Avenue, Kaleden	Open 1:00 pm - 10:00 pm Tuesday, July 21, 10:00 am – 10:00 pm Wednesday, July 22 and 10:00 am – 10:00 pm Thursday, July 23
Keremeos Library 638 7th Avenue, Keremeos	Open 10:00 am - 10:00 pm Tuesday, July 21, Wednesday, July 22 and Thursday, July 23
Naramata Library 3580 3rd Street, Naramata	Open 10:00 am - 10:00 pm Tuesday, July 21, Wednesday, July 22 and Thursday, July 23
Okanagan Falls Library #101-850 Railway Lane, Okanagan Falls	Open 10:00 am - 10:00 pm Tuesday, July 21, Wednesday, July 22 and Thursday, July 23
Oliver Library #1400-5955 Main Street, Oliver	Open 10:00 am - 10:00 pm Tuesday, July 21, Wednesday, July 22 and Thursday, July 23
Osoyoos Library 8505 68 Avenue, Osoyoos	Open 10:00 am - 10:00 pm Tuesday, July 21, Wednesday, July 22 and Thursday, July 23
Summerland Library 9533 Main Street, Summerland	Open 10:00 am - 10:00 pm Tuesday, July 21, Wednesday, July 22 and Thursday, July 23

Follow RDOS on Facebook Instagram Threads X YouTube LinkedIn

Website: emergency.rdos.bc.ca Email: eocinfo@rdos.bc.ca Phone: 250-490-4225

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Issued by Director of RDOS EOC

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Residents and visitors are encouraged to confirm facility hours before travelling, as operating hours may vary. More cooling locations and hours may be confirmed.

The RDOS follows British Columbia's **Heat Alert and Response System (HARS)** and continues to monitor weather conditions closely. Community partners are prepared to implement measures outlined in the RDOS Extreme Heat Response Plan should additional response activities become necessary.

Warmer overnight temperatures can limit the body's ability to recover from daytime heat and increase the risk of heat-related illness. The highest temperatures are expected in **Oliver and Osoyoos**, where temperatures could reach **37°C on Tuesday**. A gradual cooling trend is forecast to begin on Thursday.

Who is most at risk?

Extreme heat can affect anyone, but the greatest risks are faced by:

- Older adults
- Infants and young children
- People with chronic medical conditions
- Individuals who work or exercise outdoors
- People living alone or without access to air conditioning

How to stay safe during hot weather

Residents and visitors are encouraged to:

- Drink water regularly, even before feeling thirsty.
- Limit strenuous outdoor activities during the hottest part of the day.
- Spend time in air-conditioned buildings whenever possible.
- Keep indoor spaces cool by closing blinds and curtains.
- Wear lightweight, loose-fitting clothing.
- Never leave children, pets, or vulnerable individuals in parked vehicles.
- Check on family members, neighbours, and friends who may be more vulnerable to extreme heat.

Know the signs of heat-related illness

Seek immediate medical attention if someone experiences:

- Confusion or loss of consciousness
- Severe dizziness
- High body temperature
- Rapid heartbeat
- Difficulty breathing

For non-emergency health concerns, contact **HealthLink BC** by dialling **8-1-1**.

The RDOS will continue to monitor conditions and provide updates as necessary. Residents are encouraged to stay informed by following Environment Canada forecasts and RDOS communication channels.

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[Click here](#) to register for routine and emergency notifications via email, text, or telephone. You can find a link to Voyent Alert! on the RDOS website at rdos.bc.ca.

For the latest updates on Evacuation ALERTS and ORDERS, please visit emergency.rdos.bc.ca.

For further information, please call the EOC at **250-490-4225**. In the case of an emergency, call 9-1-1.

Issued by EOC Director